University of Suffolk

DEFINITIVE COURSE RECORD

Course Title	**BSc (Hons) Sport Performance Analysis**
Awarding Bodies	**University of Suffolk**
Level of Award[1]	**FHEQ Level 6**
Professional, Statutory and Regulatory Bodies Recognition	**None**
Credit Structure[2]	**360 Credits** **Level 4: 120 Credits** **Level 5: 120 Credits** **Level 6: 120 Credits**
Mode of Attendance	**Full-time and part-time**
Standard Length of Course[3]	**3 years full-time**
Intended Award	**BSc (Hons) Sport Performance Analysis**
Named Exit Awards	**DipHE Sport Performance Analysis** **CertHE Sport and Exercise Science**
Entry Requirements[4]	**Typical Offer:** **112 UCAS tariff points (or above), BBC (A-Level), DMM (BTEC) or Access to HE Diploma – a minimum of 30 Level 3 credits at merit grade or above.** **Students taking A-Levels will be required to have a science or technology subject, which may include P.E., Psychology, Sport Science and I.T.** **Students taking a BTEC qualification will need to be studying a Sports Studies/Science related subject.**
Delivering Institution(s)	**Ipswich**
UCAS Code	**C603**

This definitive record sets out the essential features and characteristics of the BSc (Hons) Sport Performance Analysis course. The information provided is accurate for students entering level 4 in the 2025-26 academic year[5].

[1] For an explanation of the levels of higher education study, see the QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies (2024)
[2] All academic credit awarded as a result of study at the University adheres to the Higher education credit framework for England.
[3] Where the course is delivered both full-time and part-time, the standard length of course is provided for the full-time mode of attendance only. The length of the part-time course is variable and dependent upon the intensity of study. Further information about mode of study and maximum registration periods can be found in the Framework and Regulations for Undergraduate Awards.
[4] Details of standard entry requirements can be found in the Admissions Policy and further details about Disclosure and Barring Checks (DBS) can be found on the University's DBS webpage.
[5] The University reserves the right to make changes to course content, structure, teaching and assessment as outlined in the Admissions Policy.

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Course Summary

Sport Performance Analysts provide objective feedback to athletes, players, and coaches for a variety of sport performance topics. The aim is to assess performance so that informed decisions can be made to enhance individual athlete or team sport performance. This may include team tactics, individual player/athlete technical proficiency, and talent identification and recruitment. Through the use of video analysis technologies, the Analyst is able to tell athletes, players and coaches what actually happened during a competitive performance or game, as opposed to relying on the subjective memories of athletes, players, coaches and sport science staff.

On this BSc (Hons) Sport Performance Analysis course, students will gain the theoretical knowledge and practical skill-set required to work in elite sport. Subject themes focus on specialist sport performance analysis topics and applied sport sciences. These include team sport performance analysis methods and techniques, analysis software training, game statistics data handling and athlete/player profiling, and player/coach interaction and feedback skills.

Course Aims

1. Enable students to make effective use of their knowledge and understanding of the disciplines underpinning sport performance analysis
2. Provide students with the knowledge and skills required for employment, both within the field of sport and general graduate level employment
3. Develop skills necessary for data analysis, interpretation and the coherent communication of scientific information
4. Provide students with the skills required to critically evaluate contemporary sport performance and sport exercise science research literature
5. Provide students with an understanding of the influence of behaviour on sports performance, exercise and health
6. Provide students with an understanding of the influence of exercise on physiological function for health and performance
7. Provide students with an understanding of the influence of human movement on exercise performance
8. Provide students with an understanding of multidisciplinary approaches used to enhance health and performance; how the use of more than one of the core disciplines of sport and exercise science will likely enhance health or performance outcomes
9. Develop a student's ability to monitor health and performance using validated testing protocols, and prescribe evidence-based interventions to improve health or performance outcomes
10. Enable students to become independent learners.

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Course Learning Outcomes

The following statements define what students graduating from the BSc (Hons) Sport Performance Analysis course will have been judged to have demonstrated in order to achieve the award. These statements, known as learning outcomes, have been formally approved as aligned with the generic qualification descriptor for Level 6 awards as set out by the UK Quality Assurance Agency (QAA)[6].

On completion of the course, students should be able to:

1. Demonstrate systematic knowledge of contemporary sport performance analysis evidence.
2. Demonstrate systematic knowledge of the acute responses to exercise, and the relationship between exercise training, and performance.
3. Critically analyse the validity and reliability of a range of performance analysis protocols/procedures.
4. Critically evaluate the significance and meaning of performance data with respect to normative data
5. Obtain and integrate peer reviewed evidence to formulate and test hypotheses relevant to sport performance analysis.
6. Design, plan, and conduct a sport performance analysis investigation, and critically evaluate the significance of the findings of the research.
7. Demonstrate problem solving techniques, including the ability to collate and analyse original data and draw conclusions from them.
8. Exercise initiative and personal responsibility in undertaking a task (e.g. Research Project).

Course Design

The design of this course has been guided by the following QAA Benchmarks:

- Hospitality, Leisure, Sport and Tourism benchmark statements (2019)

[6] As set out in the QAA Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies (2024)

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Course Structure

The BSc (Hons) Sport Performance Analysis comprises modules at levels 4, 5 and 6.

Module Specifications for each of these modules is included within the course handbook, available to students on-line at the beginning of each academic year.

	Module	Credits	Module Type[7]
Level 4			
	Principles of Psychology and Coaching	30	R
	Principles of Physiology and Nutrition	30	R
	Foundations of Sports Performance Analysis	15	R
	The Biomechanics of Strength and Conditioning	30	R
	Suffolk Graduate 1	15	M
Level 5			
	Data Visualisation	15	R
	Applied Performance Analysis	30	R
	Supporting Athletes in High Performance Sport	30	R
	Match Analysis in Team Sports and Implications for Coaching	30	R
	Suffolk Graduate 2	15	M
Level 6			
	Talent Identification and Recruitment	30	R
	Athlete Conditioning for High Performance Sport	30	R
	Talent Development and Elite Environments	15	R
	Contemporary Issues in Sports Performance Analysis	15	R
	Research Project	30	M
	Suffolk Graduate 3	0	Learning Hub

Awards

On successful completion of the course, students will be awarded a BSc (Hons) Sport Performance Analysis. Students who leave the course early may be eligible for a DipHE Sport Performance Analysis on successful completion of 240 credits including all mandatory modules at levels 4 and 5, or a CertHE Sport and Exercise Science on successful completion of 120 credits including all mandatory modules at Level 4.

Course Delivery

[7] Modules are designated as either mandatory (M), requisite (R) or optional (O). For definitions, see the Framework and Regulations for Undergraduate Awards

The course is delivered at Ipswich. Students studying full-time on the BSc (Hons) Sport Performance Analysis course are likely to have approximately 250 tutor structured learning hours for Level 4, 240 tutor structured learning hours for Level 5, and 200 tutor structured learning hours for Level 6. Tutor structured learning hours, which are a blend of face-to-face and online provision, will be a mix of lectures, practical activities, workshops and seminars. Students will normally be expected to undertake approximately 20 hours of independent study/practice in an average week but should be prepared for this to vary based on assignment deadlines and class exercises.

Course Assessment

A variety of assessments will be used on the course to enable students to experience and adapt to different assessment styles. The assessment methods used will be appropriate to assess each module's intended learning outcomes. Assessment on the course overall will be majority coursework (including, essays, reports, presentations, research project and practical observations) with some practical assessments.

Course Team

The BSc (Hons) Sport Performance Analysis course is offered within the School of Allied Health Sciences. All staff are qualified in their subjects with their own specialist knowledge to meaningfully contribute to the course.

Course Costs

Students undertaking BSc (Hons) Sport Performance Analysis will be charged tuition fees as detailed below:

Student Group	Tuition Fees
Full-time UK	£9,535 per year
Part-time UK	£2,384 per 30 credit module
Full-time EU/International	£15,690 per year
Part-time EU/International	£3,923 per 30 credit module

Payment of tuition fees is due at the time of enrolment and is managed in accordance with the Tuition Fee Policy.

Students may choose to incur other costs for University/degree branded sports clothing, although this is entirely optional. As are memberships to professional societies. They are encouraged, but optional.

Academic Framework and Regulations

This course is delivered according to the Framework and Regulations for Undergraduate Awards and other academic policies and procedures of the University and published on the website.