ORGANISATIONAL PRACTICE ENVIRONMENT FACTORS IN HEALTHCARE STAFF TURNOVER INTENTION

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INTRODUCTION

- Globally, retaining healthcare workers is challenging projections indicate a deficit of 12.9 million by 2035.
- Shortages persist in the NHS, particularly among nurses and allied health professionals (AHPs).
- Previous studies reported that work-life balance, shift patterns, psychological factors, and burnout contribute to turnover intention in healthcare staff.



INTRODUCTION

- Resilience and self-efficacy shown to act as protective factors.
- Demographic factors, particularly coming from a minority background, and gender, also impact decisions to stay or leave.
- Non-UK studies reported impact of organisational practice environment factors on turnover intention among healthcare professionals. But, a paucity of UK-specific evidence, especially within the East of England.



AIMS



To investigate the relationship between organisation practice environment factors and turnover intention among nurses and AHPs, aged ≥18 years, in East of England.



Explore whether the impact of organisational practice environment factors on turnover intention (if any) differed for subgroups of healthcare professionals by ethnicity, experience, gender, and age.



2 May 2024

METHODS Mixed method study

Survey

- Online survey collected data on organisational practice environment factors related to recruitment and retention
- The instrument included items from the Turnover Intention Scale (TIS) and Safety, Communication, Operational Reliability, and Engagement (SCORE) questionnaires (12 items relating to organisational practice environment).



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METHODS Mixed method study

Survey participants

78 healthcare professionals

- 34% nurses
- 66% AHPs
- 83% females
- 83% White
- Mean (standard deviation) age 41.5 (10.4) years
- 53% Bachelor's degree, highest educational attainment





METHODS Mixed method study





Participant age, gender, ethnicity, education, years of

experience, professional groups

University of Suffolk

SURVEY RESULTS

- All predictor variables significantly correlated to turnover intention
- However, when the predictor variables were added into a multivariate model with all predicters and confounders, only three predictor variables remained significant:
 - Growth opportunities
 - Advancement
 - Job uncertainty
- Growth opportunities, advancement and job related uncertainty were negatively associated with turnover intention
- The effect of organisational practice environment factors on turnover intention did not differ by staff gender, age ethnicity, and experience





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METHODS Mixed method study

Qualitative Interviews

- Semi-structured interviews conducted with purposeful sample of survey participants.
- Interviews recorded on Microsoft Teams and transcribed verbatim.
- Schedule of questions based on evidence from literature.
- Thematically analysed based on descriptive phenomenology.



INTERVIEW PARTICIPANTS

- 11 participants from acute, community, and mental health organisations which included:
- 5 British white females and 1 multiracial female aged between 27 and 56 years of age, 3 nurses, 1 radiographer and 2 physiotherapists
- 5 males aged between 29 and 45, 1 British male and 4 multiracial males, 2 nurses, 1 radiographer and 2 physiotherapist



INTERVIEW RESULTS

• As a result of the thematic analysis, the following themes were identified:



Transition from a student to a newly qualified professional registrant



The influence and impact of the workplace environment on health and wellbeing



Recommendations to improve workforce retention



THEME 1: TRANSITION

Challenges

- Lack of support team leads
- Scared to ask for help
- No transitional process, once qualified you just had to get on with it
- Workload took priority over learning or support
- Lack of clarity around role definition, particularly in a ward setting
- Issues around role expectations and differences between the reality of the role and participants' expectations

Enablers

- Support
- Participation in rotation programmes
- Engaging in shadowing experiences
- Completion of placements in a similar role or setting



THEME 2: INFLUENCE AND IMPACT OF THE WORKPLACE ENVIRONMENT ON HEALTH & WELLBEING

Challenges

- Staffing issues (including staffing levels and senior leaders' expectations), worsened by COVID-19; led to lack of support and not being able to complete work in the limited timeframe
- Limited advancement opportunities
- Bullying and negative environment
- Lack of diversity and equality within workforce, and negative attitudes of colleagues a real challenge to career progression

Enablers

- Supportive and positive environments-a supportive team/line manager
- If professional leads were good leaders, supportive, and encouraged participants' development
- Geographical location
- Enjoyment of job role
- Opportunities for career progression
- Flexibility within working contracts



THEME 3: RECOMMENDATIONS TO IMPROVE WORKFORCE RETENTION

Strategies to address issues

- Communicate strategic objectives of the organisation
- Provide transparency about the role and improve support
- Increase clinical supervision
- Provide peer support forums
- Allow meaningful flexibility within working contracts-work life balance
- Consider the personal needs of international staff
- Consideration of the cost of living
- Provide professional development opportunities



THEME 3: RECOMMENDATIONS TO IMPROVE WORKFORCE RETENTION

Advice for newly qualified professionals

- Have clear, realistic expectations of the job role
- Seek support from senior colleagues
- Try to find a post passionate about to help with motivation
- Consider rotational posts
- Take some responsibility/ownership for own professional development



CONCLUSIONS

- Growth opportunities, job-related uncertainty, and advancement significantly influenced turnover intention
- Support and workplace culture were significant in shaping staff experiences and intentions to stay
- The study underscores the importance of fostering supportive environments and meaningful career progression opportunities to mitigate turnover intention



Thank you! Any questions?



